



BALANCE & STRENGTH

2026 Pilates Reformer

Pilates Reformer is different from other exercise:

- Complete coordination of spirit, mind and body
- Precision of movement, balance, body alignment and purposeful control
- Improves vitality and mental health
- Safe, gentle and can be scaled to all abilities and fitness levels
- Great for physical therapy, and for people who are recovering from injuries



Pilates Reformer	Member per person	Non-Member
Evaluation	Member	Non-Member
		\$61
		\$76
Group	Member	Non-Member
1		\$58
5	\$147 (\$29.40 per session)	\$232
10	\$258 (\$25.80 per session)	\$395
20	\$420 (\$21 per session)	\$626
Private	Member	Non-Member
1		\$106
5	\$346 (\$69.20 per session)	\$421
10	\$677 (\$67.70 per session)	\$826
20	\$1176 (\$58.80 per session)	\$1425
Semi-Private:per person	Premium Member	Non-Member
1		\$83
5	\$231 (\$46.20 per session)	\$280
10	\$396 (\$39.60 per session)	\$550
20	\$726 (\$36.30 per session)	\$885

Note: Ages 13+; All sessions and packages are valid for 6 months from purchase date. Sessions are non-refundable and non-transferrable.

Prices as of 1/1/2026