



December 1, 2024

It's Time: Give the Gift of Community

Now is the time of year when our hearts are full of generosity and the spirit of giving. It's the perfect time to [come together to give the gift of community](#). Help us decorate our Giving Trees in wellness center lobbies by [making a gift to the Y](#) and hanging an ornament. Keep an eye out for heartwarming stories and ways to get involved throughout the season!



For Winter School Break, the Y's Got You Covered

What your kids do out of school is just as important as what they do in school. YMCA Out of School Time care and [School Break Camps](#) emphasize social and emotional skills that boost academics and social connection. Winter School Break Camp is available at select YMCAs and school locations across the metro area. Choose basketball or day camp.

[Register for School Break Camp](#)

Learn Skills, Build Character, Make Friends

Looking for a positive sports experience for your kid? [Register for YMCA Youth Sports](#) and benefit from our 150 years of experience in lifting kids up and helping them reach their full potential.



Winter Season Registration:
NOW through December 30, 2024

Winter Season Dates:
January 13 – March 22, 2025

[Register for Winter Sports](#)

Coming Soon:

Dream of Warmer Days: YMCA Summer Camp 2025

While it's cold and wintry outside, we're already thinking about the warm, sunny days of [Summer Camp 2025](#)! Be on the lookout for details and registration dates, coming soon to your inbox and get ready for another summer of fun and friends!



Program Offerings in 2025

Check out new offerings, like [Improv Dance](#) and [Cooking for Tweens](#), as well as the return of popular series like [Women on Weights](#), [Gong Bath](#) and more. As a YMCA member, take advantage of member pricing and priority registration. [Find an activity](#)!

Mark Your Calendar:



Cheer on the Nuggets, Support the Y

Join us for Y Night! A portion of ticket sales will go to the YMCA of Metro Denver. [Get your tickets](#).

Denver Nuggets vs. Detroit Pistons
Saturday, December 28, 7 PM
Ball Arena



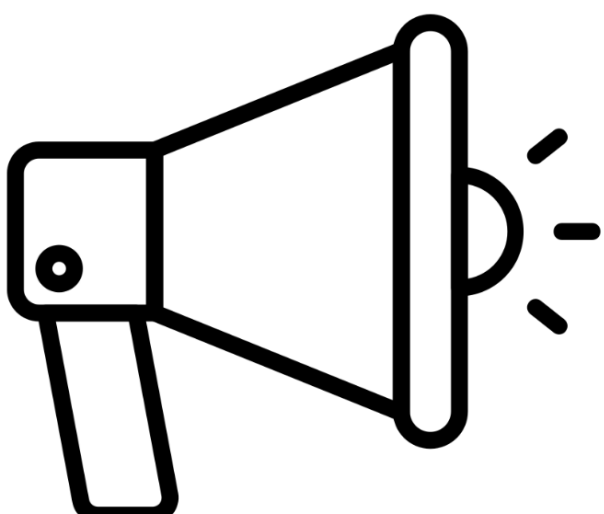
Wellness Center Hours

- December 24: Closed
- December 25: Closed
- December 31: Early Closure at 3 PM
- January 1, 2025: Open 7 AM - 3 PM

For details on programs and services, see your registration confirmation or [contact us online](#).

Heads Up: Rate Changes in the New Year

As we at the Denver Y look ahead to winter and the year 2025 (when we'll begin to celebrate our 150th anniversary!), we are working hard to meet the needs of our entire community. We continue to add value to your Y membership, with benefits such as free one-on-one member orientations, priority program registration and member pricing, free child care at Adventure Zone and much more!



We remain committed to continuing to bring value to our community, provide competitive staff pay and maintain our balanced budget, and therefore, our rates in 2025 will change. [Read more about the value of your YMCA membership and details of those changes](#).

Meet Our New Vice President for Program Strategy & Impact

We are pleased to introduce our new Vice President of Program Strategy and Impact Sonya Walker, PhD, who comes to our Y from the YMCA of Greater Seattle.



Sonya brings a wealth of experience as an educator, Y professional and proven leader who produces quality results through collaboration, data driven decision making and strategic partnerships. She loves yoga, reading, traveling and spending time with her family, especially watching her sons navigate the exciting journey of young adulthood. Please help us welcome Sonya to our Denver Y family!

Support With Your Insurance-Based Membership

Are you considering changing your healthcare insurance provider? Are you a former YMCA member looking to reactivate your insurance-based membership?



We want to ensure that there are no interruptions to your YMCA membership and that you continue to receive the high-quality care and services you deserve. Get started by [verifying your eligibility](#) for one of the following insurance-based memberships:

- Renew Active
- Silver Sneakers
- Active & Fit + Direct
- OnePass
- Silver & Fit

[Verify Your Eligibility](#)

Your YMCA in the News:

[KUVO Jazz - Community Connections](#) (Nov. 15, 2024)

[Fox31 - Colorado youth meet for government leadership program](#) (Nov. 25, 2024)

[Denver 7 - Colorado students gain hands-on experience in inner workings of state government](#) (Nov. 25, 2024)

Learn about all YMCA programs and activities open now throughout the Denver metro area.



YMCA OF METROPOLITAN DENVER
Association Services

(P) 720 524 2700 (W) [denverymca.org](#)
This email was sent by: YMCA of Metropolitan Denver, 2625 S. Colorado Blvd., Denver, CO, 80222, USA

VISION: Strong, thriving and equitable communities dedicated to the health and well-being of all.
[Code of Conduct](#) | [Membership Policies](#)
[Change Your Membership](#) | [Manage Email Preferences](#) | [Unsubscribe](#) | [View in Browser](#)