



SEPTEMBER MEMBER NEWSLETTER

YMCA OF METRO DENVER



ALL KIDS DESERVE TO PLAY



Save the Date: Colorado Youth Sports Giving Day, September 4

We're participating in [Colorado Youth Sports Giving Day](#) to help more kids play sports. Thanks to the Daniels Fund and other sponsors, online campaign donations will be matched up to \$800,000!

Add to your calendar and support YMCA youth sports on Sept. 4::

[Apple](#) | [Google](#) | [Office 365](#) | [Outlook Web](#) | [Outlook](#) | [Yahoo](#)

Share Your YMCA Youth Sports Photo

You can get involved in this fun and powerful campaign for youth sports right now: [Submit a photo of you and/or your kid participating in YMCA Youth Sports](#) — as a player, coach or family fan. Bonus points for retro-era photos!





Welcoming Week 2024 — Celebrate with Us!

Welcoming Week is a national celebration that brings together new-comer immigrants and U.S.-born residents at community-based events to promote cross-cultural understanding and raise awareness of the benefits of welcoming everyone. The Y participates in this celebration as it is part of our goal to be a welcoming place for all. Keep an eye out for opportunities to get involved in the fun, both in our centers and online.

FREE Zumba Classes

Celebrate cultures and traditions at these special Zumba Master Classes. Wear clothing and bring flags that represent your heritage or culture and come dance with your Y community!

[University Hills YMCA](#): September 17, 9 – 10 AM

[Aurora YMCA](#): September 17, 6:15 – 7:15 PM

[Arvada YMCA](#): September 18, 6 – 7 PM

[Littleton YMCA](#): September 19, 5:45 – 6:45 PM

[Southwest YMCA](#): September 21, 9:15 – 10:15 AM

Watch Aurora YMCA Experience Manager Ana Gadiano's Welcoming Week story:



Ready to make a difference?

Join us at the Southwest YMCA to support the Beyond Hunger food pantry program. You can leave a lasting impact by sorting groceries, filling bags, distributing food or simply connecting with our community.

[Sign Up to Volunteer](#)





Special Soccer Training Opportunity

We're partnering with the American Youth Soccer Organization (AYSO) Play!+ program to offer a weekly soccer clinic for kids ages 6 – 14. Learn from trained and certified AYSO coaches, with a focus on motor skill development and social emotional learning.

Sign up for a soccer clinic:
[Southwest Family YMCA](#)
[Arvada YMCA](#)
[Aurora YMCA](#)

It's not too late to [register for YMCA youth sports](#) leagues this fall - see all the offerings. Late registration ends Sept. 9!



Free Child Care for Children of Adult High School Students

The Denver YMCA is providing early childhood education and youth development programming for free to students attending Goodwill of Colorado's Excel Center, a new tuition-free adult high school. The new on-site care center is called YMCA Adventure Center.

[Learn more about YMCA Adventure Center at Goodwill Excel Center.](#)



New Way to Pay at the Y: Health Savings & Flexible Savings Accounts

Use pre-tax funds to pay for health and wellness services that have been approved by a medical provider. This can make it more affordable to use the Y to take care of yourself and your health.

[Learn More About HSA](#)

Come See Us:



[Southlands Wine Walk](#)
September 12
Southlands Shopping Center



[Green line Music Festival](#)
September 7
Breckenridge Brewery's Barbox



[Highlands Oktoberfest](#)
September 14
32nd St from Irving to Perry

Learn about all YMCA programs and activities open now throughout the Denver metro area.



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