

# BOOKING A GROUP FITNESS CLASS RESERVATION

<https://denverymca.org/fitness-class-reservations>

## Fitness Classes

Group exercise classes are FREE for YMCA Premium and Y Your Way members. If you are not a Premium or Y Your Way member and you want to join a class, [upgrade](#) your members.

Also, check out [Adventure Zone](#), free child care when you work out.

Pick your location and reserve your spot below!

The screenshot shows a calendar interface for Friday, May 24. The calendar header includes days from Wednesday to Tuesday. Below the calendar, three class options are listed in a table-like format. Each row contains the time, class name, instructor, location, and available spaces, followed by a 'RESERVE' button. The 'RESERVE' button for the 6:00am - 7:00am BodyPump class is circled in red.

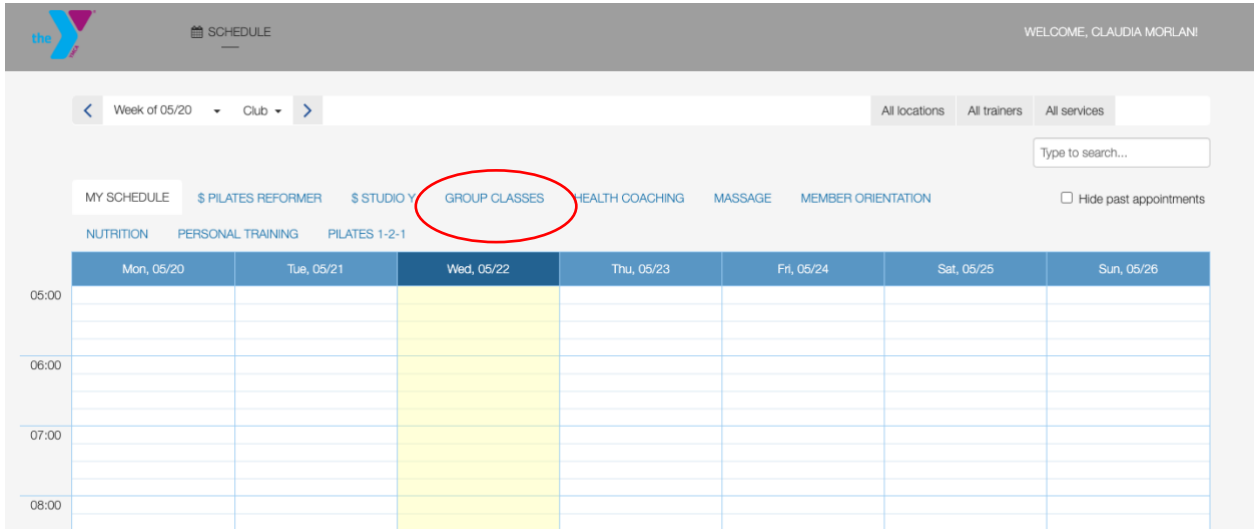
Time	Class	Instructor	Location	Spaces	Action
5:00am - 6:00am	BodyPump	Emily S. Smith	Arvada YMCA	25 of 30 Spaces	RESERVE
5:30am - 6:30am	Indoor Cycling	Cat P. Provencal	Arvada YMCA	18 of 20 Spaces	RESERVE
6:00am - 7:00am	BodyPump	Beth Velasquez	LIT: Lower Studio	16 of 20 Spaces	RESERVE

1. Pick a class.
2. You'll be prompted to login with your EGYM credentials. Can't remember your password? Select the "Forgotten password" button and follow the prompts.

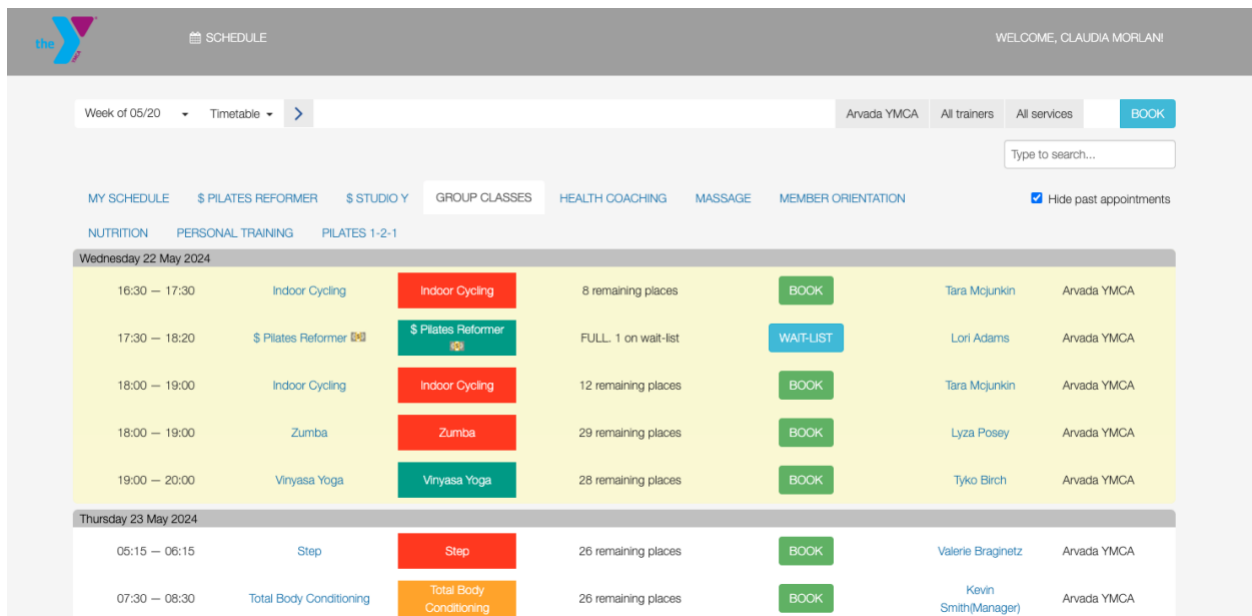
The screenshot shows the EGYM login page. On the left is the logo for 'the Y YMCA'. On the right is a sign-in form with the following elements:

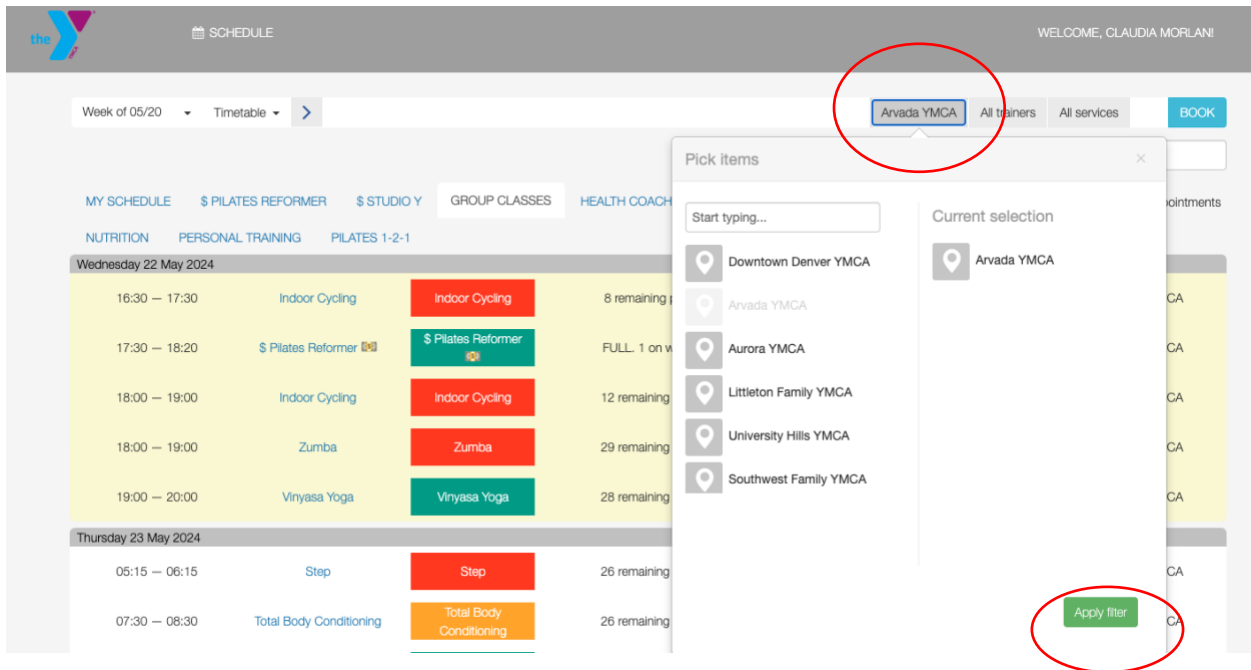
- EGYM logo
- Text: "Use Denver YMCA bookings with the EGYM ID"
- Input field for "Email address"
- Input field for "Password" with an eye icon for visibility toggle
- Text: "Forgotten password? | New account"
- Orange "Sign in" button
- Text: "What is EGYM ID?"

- Once you are logged in, you'll be at the My Schedule page. Select **Group Classes**.

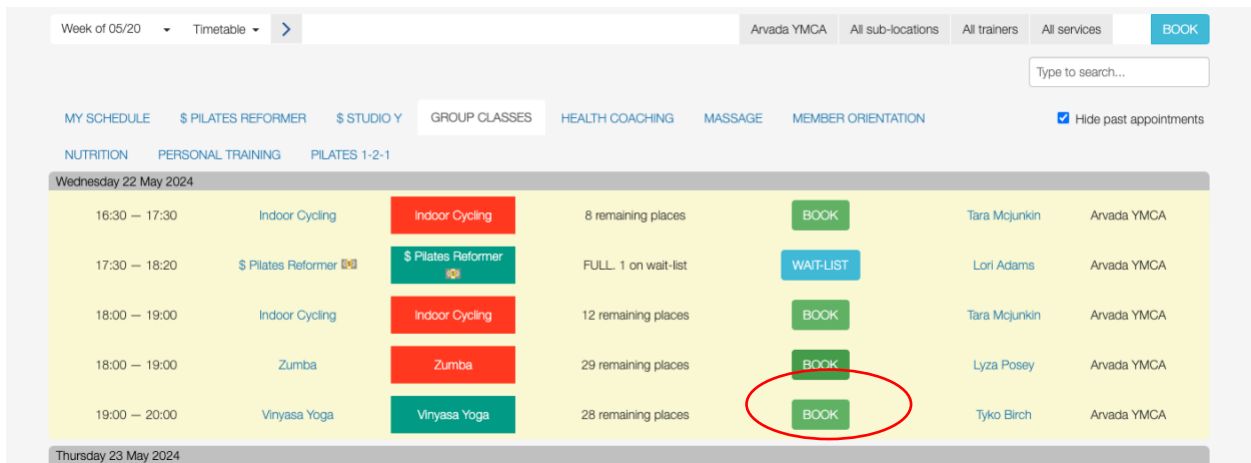


- Once at the group classes, you can select a class. Or you can also filter by location.

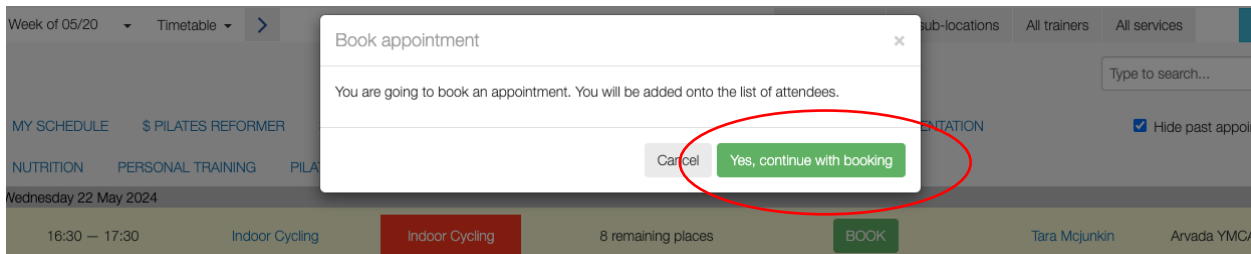




5. Once you've filtered by your location, select your class.



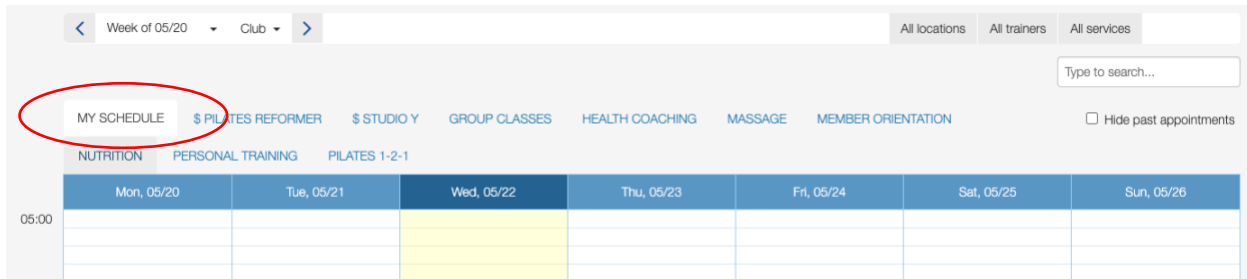
6. Confirm your reservation. That's it!



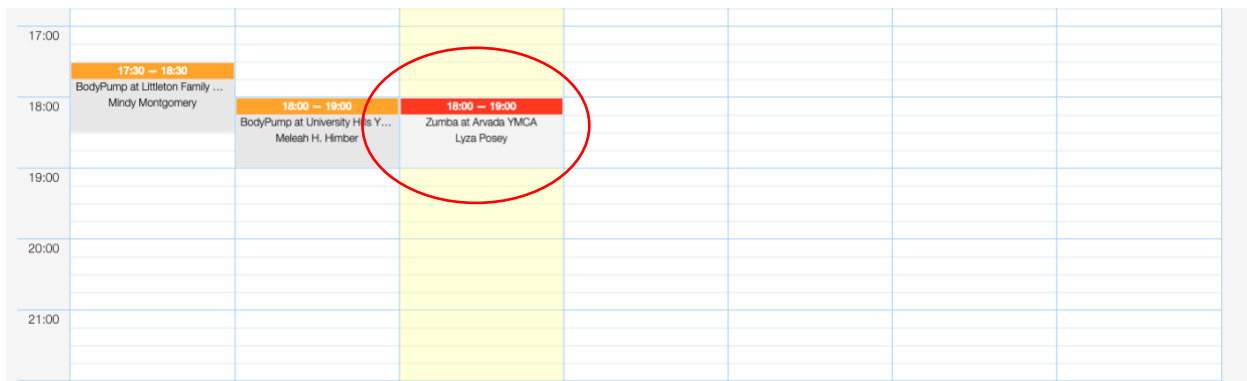
# CANCELLING A GROUP FITNESS CLASS RESERVATION

If you want to see your schedule, and perhaps cancel a booking:

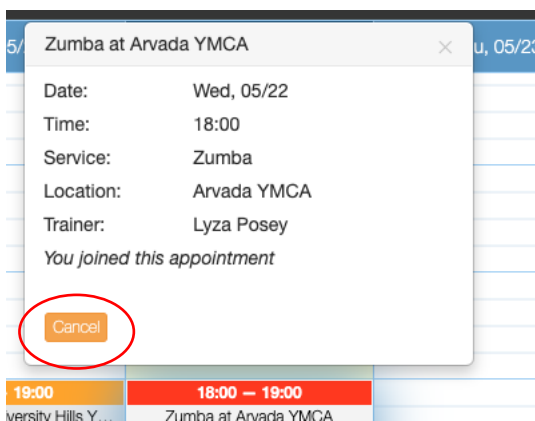
## 1. Go to My Schedule



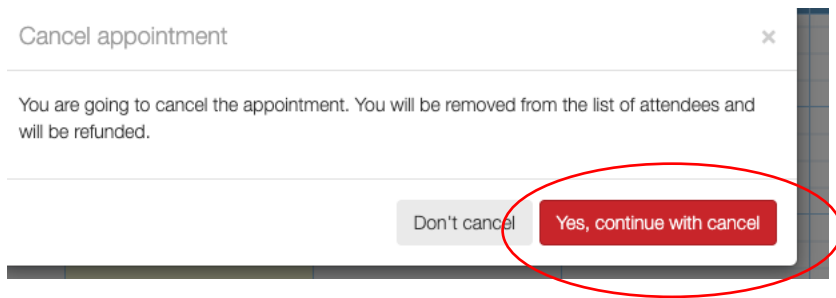
## 2. Scroll the page to see your booking.



## 3. Select the booking.



## 4. Select Cancel button.



5. Confirm your cancellation. The class will be removed from your schedule.