

YMCA Centennial of Generations
Older Adult Program Calendar
APRIL 2024 Monthly Highlights
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Mondays 11 AM	Mexican Train
Mondays	Beginning Majhong. Come play mahjong. All levels welcome.
Tuesdays 11 AM	Needle Work (Crochet/Knitting/Other) Meet others learning or working on projects-Beginners welcome, help is available!
Tuesdays 1:30 PM	Art Club-bring your projects to work on with friends-featuring Henry Matisse Cut out period in April
Wednesdays 1 PM	Learn Spanish with friends - join fellow members in learning Spanish in a nonthreatening manner
Thursdays 11 PM	Call your friends and meet for your favorite board games. We have many, or you can bring your own.
Fridays 10 AM	Workouts on Demand-Work out with others led by an entertaining video
April 8 12-1:30 PM	No total eclipse here but we will still experience a partial eclipse. We have glasses (thanks Mark H!), and it is fun to share this experience.
April 8 2 PM	Book Talk with Heidi, an Arapahoe Library District Librarian. Heidi brings an assortment of books that are creating buzz in the literary world and gives a synopsis of each. Find your next good read here!
April 11 2 PM	Marydean is back with a fun program about cruising. The title is a great tease: Big Boat, Big Food, Big Scandals
April 12 & 19 1 PM	Get together for a friendly game of Poker.
April 15 1 PM	On the 112th anniversary of the Titanic's sinking, come watch the definitive documentary from National Geographic.
April 15 2:30 PM	Book Club: West with Giraffes
April 17 2 PM	State and county programs that provide property tax relief will be discussed. If not for you, maybe someone you know would benefit.
April 18 2 PM	Mocktail anyone? Let's enjoy a tasty beverage and talk about the World Happiness Report.
April 20 8:15	AARP Smart Driving Course call 720-918-7425 to register \$20 AARP member, \$25
April 22 2 PM	Full Moon Feng Shui-bring harmony to your space using Fen Shui principles, especially helpful during the full moon. Presented by Tanya Jahnke FENG SHUI EXPERT with over 25
April 23 2 PM	Gardners gather to talk about your experiences and what works for you
April 25 1 PM	Classic Movie Club-Wild Strawberries Winner of the 1960 Golden Globe for Best Foreign Film
April 26 2 PM	Active Minds

