



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MORE OPTIONS. MORE VALUE.

Membership Options
YMCA OF METRO DENVER



We are a welcoming third place - beyond work and home - where all people feel they can be their true selves, achieve health and wellness and connect with their community. Discover the perfect YMCA membership to meet your goals and your budget. Through the generosity of our donors, YMCA financial assistance is available for most memberships and programs.

AMENITIES	Y-STARTER	Y-PREMIUM	Y YOUR WAY
State-of-the-art cardio and weight training equipment.	✓	✓	✓
Pool access (at five locations)	✓	✓	✓
Free personalized sessions with nutritionist, wellness coach, equipment orientation	✓	✓	✓
Fitness App with challenges, workouts and a supportive digital community	✓	✓	✓
Access to all YMCA of Metro Denver locations	✓	✓	✓
Y360 with 1,500+ virtual classes and programs	✓	✓	✓
Member savings on Y programs like Personal Training, Art Classes, Swim Lessons, Nutrition, Camp, Sports, Cooking + More	✓	✓	✓
Early registration on Y programs	✓	✓	✓
The latest smart EGYM equipment	✗	✓	✓
Fitness Classes	✗	✓	✓
Access to YMCAs nationwide	✗	✓	✓
Free monthly seminars	✗	✓	✓
Free access to groups such as hiking, gardening, book club and other social clubs	✗	✓	✓
2 hours of YMCA Adventure Zone (supervised play time)	✗	✓	✓
Access to up to 6 YMCA program credits per month at no additional cost. Programs such as art, cooking, nutrition and dance classes; HIIT; Kid's Night Out; massage*; small group training; sports conditioning; and sports leagues*.	✗	✗	✓

*Some restrictions apply. See website for full details.

There's a Membership Type for you.

*Prices effective
January 1, 2024
for all new Y
members

	Y-STARTER Individual Option Only Ages 13+	Y-PREMIUM INDIVIDUAL Ages 13+	Y-PREMIUM COUPLE 2 individuals (one must be 18+), same household	Y-PREMIUM HOUSEHOLD 2 Adults + up to 6 dependents ages 23 and under, same household	Y YOUR WAY at least one adult must be 18+
MONTHLY OPTION No long term contracts, cancel with 5-day notice before the next monthly draft, must stay active through one billing cycle	\$37	\$59	\$79	\$99	\$146
YEARLY OPTION TO SAVE MORE Save when you choose a yearly prepaid non-refundable agreement		\$602 (15% discount)	\$806 (15% discount)	\$1010 (15% discount)	
VIRTUAL Y & Y360 Access to 1,500+ live and on-demand videos +3 visits a month to one of our 6 wellness centers	\$12.99/month				

*Ages 13-17 must have a legal parent/guardian present at point of purchase for membership.

DISCOUNTS: Corporate, Senior, Military and Single Parent discounts are only available on monthly premium membership levels (not available for yearly option). Scholarships available for for Y-Starter and Y-Premium membership types. One discount per account. Y Your Way memberships are not eligible for discounts or scholarships.

Prices and amenities subject to change at the discretion of the YMCA. As of February 1, a 2% surcharge for accounts draft from credit/debit cards will be applied. Update your YMCA Account to add an ACH.

DOWNLOAD OUR FREE MOBILE APP!

- Faster check-ins
- 1,500+ workouts
- Class reservations
- Join a fitness challenge
- Free to all Y members



GOOGLE PLAY



APP STORE

