



2022 IMPACT REPORT

YMCA OF METRO DENVER

THE THIRD PLACE

Along the diverse pathways of life, the YMCA stands as a third place. Whether that is between work, home, school, house of worship, or other, the Y serves as a gathering place where people find connection. In pursuing our mission for healthy spirit, mind and body, we recognize the range of health disparities that put many populations at a disadvantage.

At times like these, the Y is more critical than ever. As we have done for nearly 150 years, the YMCA of Metro Denver helps meet our community's greatest needs. We support physical and mental well-being, provide quality child care, address food insecurity and support the pivotal programs that build skills, character and friendships throughout life.

TO BUILDING
LIFE SKILLS
DURING
SCHOOL AGE



FROM
NURTURING
DEVELOPMENT IN
EARLY CHILDHOOD



FROM CULTIVATING
LEADERSHIP &
WORK SKILLS IN
YOUNG ADULTHOOD



TO MAINTAINING
A NETWORK OF
SUPPORT
THROUGH LIFE



AT ANY
STAGE IN LIFE,
THE YMCA IS
HERE FOR ALL

LEARN ABOUT OUR PROGRAMS & OUTCOMES



NURTURING DEVELOPMENT IN EARLY CHILDHOOD

Expanding child care access and affordability in our community is one of the Y's top priorities.

100%

of preschoolers in Y Academy ECE centers achieved kindergarten readiness for Denver Public Schools.

185

children and families were supported with early child care allowing parents to work and support their families.



BUILDING LIFE SKILLS DURING SCHOOL AGE

Our promise is to provide a welcoming place that uplifts children so they can reach their full potential.

91%

of students in the Power Scholars program grew more confident in their ability to learn.

9,265

children in the Denver area grew healthier and more resilient at the Y's Out of School time and summer camp programs.

“

YMCA camp counselors are additional parents, aunts and uncles and older brothers and sisters — the proverbial village helping us to shape our son into the awesome kid he continues to become. We feel like we are doing something great for him by sending him to the Y.”

— Albie, parent



CULTIVATING LEADERSHIP & WORK SKILLS IN YOUNG ADULthood

The Y is ideally positioned to help young adults navigate their formative teen years by providing mentors, social connection and first-time jobs.

118

preteens and teens learned leadership skills through the YMCA's Youth in Government, Youth Conference on National Affairs, youth service and advocacy programs.

165

youth gained work experience as lifeguards, camp counselors, front line staff and interns across our nutrition, community well-being and other departments.

MAINTAINING A NETWORK OF SUPPORT THROUGH LIFE

From young professionals making time for their health to parents seeking family activities to empty-nesters looking for volunteer opportunities, the Y is intergenerational.

27,682+

individuals found physical and self-care programs in our YMCA wellness centers and program sites.

1,600

people referred to our disease prevention programs to find help for cancer, high blood pressure, pre-diabetes, nutrition and weight-loss.

AT ANY STAGE IN LIFE, THE YMCA IS HERE FOR ALL

The Y is the welcoming place where our community turns to for support. Through partnerships with like-minded organizations and individuals, we are able to extend our reach in underserved communities and ensure the Y is accessible where and when we are needed.

66,790

pounds of fresh food was provided through the Y's Beyond Hunger food pantry to families in need.

\$1.2M+

in financial assistance granted to 520 families and youth making the Y programs accessible in our community.



A RETURN ON YOUR INVESTMENT

An investment in the YMCA is an investment in our Denver metro area community. For every \$1 spent by the YMCA of Metro Denver, \$3.07 is returned to the community.

Scan the QR code to learn more or visit denverymca.org/2022-impact-report

