Reflecting on 2021, the YMCA of Metro Denver continued to rise to the challenges the pandemic presented, further our mission and broaden our impact.

Whether it was at our wellness centers or program sites across the city, the YMCA was a welcoming place where everyone was empowered to discover their purpose, pursue their health and well-being and connect with others to elevate themselves and their community.

In pursuit of our purpose, here is a snapshot of our impact in 2021:

- **2,064** participants learned life-saving water safety skills and received lifeguard training in our aquatics programs.
- **7,965** young athletes cultivated sportsmanship and respect and improved their sports I.Q. in our year-round youth sports programs.
- **22,662** individuals participated in health programs and exercised at the Y to improve their immunity, health and well-being and built connections.
- **77** preteens and teens learned leadership skills through the YMCA’s annual Youth in Government program.
- **143,389** pounds of fresh groceries were distributed in our community through the YMCA’s Beyond Hunger Food pantry program.
- **2,603** lives saved through blood donations at drives hosted in partnership with Vitalant and Colorado Children’s Hospital at our wellness centers.
- **$316,173** in financial assistance and scholarships was granted to 2,380 families and youth making the Y programs accessible in our community.

For every $1 spent by the YMCA of Metro Denver, $3.07 is returned to the community.*

*2020 Social Return on Investment by the National Institute for Social Impact.