



Food Donation Guidelines

Thank you for your interest in donating food to our Beyond Hunger food pantry program. Please consider the following guidelines before bringing the food to the Southwest YMCA.

1. Please check to make sure that the food you are donating has not expired or set to expire within six (6) months of donation. While many dried or canned foods have a long shelf life, they do expire.
2. We are limited in the amount of fresh produce we can safely store. Please make sure that none of the produce has mold or extensive mushiness. Imperfect foods that are clean are always welcome!
3. The goal of the program is to provide healthy and nutritious foods to families in the community. We ask that the food you donate be on the healthier side. i.e., no sugary cereals, cookies, sodas or candies.

Thank you for taking these guidelines into consideration. If you have additional questions, please contact us at beyondhunger@denverymca.org.

We appreciate your donation to our program.