YMCA WELLNESS CENTERS
COMMUNITY PARTNERSHIPS
SPORTS & OUT OF SCHOOL PROGRAM OFFICES
OUT OF SCHOOL & DAY CAMP PROGRAMS
DIABETES PREVENTION & CHRONIC DISEASE MANAGEMENT

2019 METRO BOARD OF TRUSTEES
Sue Glass President and CEO
Carole Brite Chief Administrative Officer
Kim Schulz Senior Vice President of Youth Development
Kimberly Armitage Vice President of Strategic Growth and Membership
Gloria Jara Price Vice President of Fund Development
Teresa Kutt Vice President of Marketing and Communications

ASSOCIATION SERVICES STAFF MEMBERS
2019 METRO BOARD OF TRUSTEES
Teri Eichman Dave Ferrill
Brendan Fisher Andrea Karp
Rich Karkis Bill Kirschner
Jarrod Lassen Cheri
Meridith Marshall Greg Shields
Zach Yeoman Jack Morris

IMPACT. COMMUNITY. WELLBEING.

2019 Annual Report
YMCA OF METRO DENVER
At the YMCA of Metro Denver, our mission is to put Christian principles into practice through programs that build healthy spirit, mind and body for all. We are committed to serving as a catalyst to transform lives and communities. This has been our commitment for 145 years, and remains our commitment as we look toward the future. With the future in mind and our values as our guide, the Denver Y approved and implemented a strategic plan in 2019, that will lead our work through 2022. Over the next three years, the Denver Y is committed to:

**DEVELOPING A NEW GENERATION OF CHANGEMAKERS:** Healthy, confident and resilient youth who will contribute to the social and economic viability of our communities

**DELIVERING LIFESTYLE MEDICINE TO BUILD HEALTHY SPIRIT, MIND AND BODY FOR ALL:** Community integrated health will reduce disease burden and improve the health of individuals and families

**UPLIFTING COMMUNITIES:** Be the catalyst to create connected and cohesive communities

**HARNESSING OUR COLLECTIVE IMPACT AS ONE Y:** The Y serves as a premier health and well-being nonprofit transforming lives and communities

Concentration on these strategic priorities will enable the Y to further meet our vision and mission, focus our impacts in the short and long term and build organizational sustainability.

**MEASURABLE, POSITIVE IMPACT:** In 2019, lives and communities were transformed through the YMCA.

$1,065,000 in direct financial assistance was distributed to ensure all children in our communities had a safe space to grow and play.

2,569 people in our communities received the support and resources needed to achieve greater health in the Y’s Diabetes Prevention Program and LiveSTRONG.

72,280 members, participants and volunteers engaged in activities that strengthen our communities and pave the way for future generations to thrive.

**IMPACT.** Eight young YMCA changemakers joined hundreds of movement leaders in London for Y175, a celebration of 175 years of positively impacting youth at the birthplace of the Y.

**COMMUNITY.** Rose finds friends and fitness at her Y, where she attends 5-8 classes per week, and sometimes 3 in one day. She says her favorite part of the YMCA is the community atmosphere.

**WELLBEING.** Adrne made sustainable lifestyle changes through the Y’s Diabetes Prevention Program that helped him lose weight, feel better and reverse prediabetes.

**AUDITED 2019 FINANCIALS**

<table>
<thead>
<tr>
<th>Revenue Source</th>
<th>Percentage</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program Revenue</td>
<td>56%</td>
<td>$16,696,713</td>
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<tr>
<td>Membership</td>
<td>21%</td>
<td>$5,867,480</td>
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<tr>
<td>Contributions &amp; Other Support</td>
<td>20%</td>
<td>$6,361,700</td>
</tr>
<tr>
<td>Other</td>
<td>3%</td>
<td>$772,725</td>
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<tr>
<td><strong>TOTAL</strong></td>
<td>100%</td>
<td><strong>$29,698,618</strong></td>
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<table>
<thead>
<tr>
<th>Expense Source</th>
<th>Percentage</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program &amp; Membership</td>
<td>3%</td>
<td>$23,195,076</td>
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<tr>
<td>Management &amp; Administration</td>
<td>11%</td>
<td>$2,863,203</td>
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<tr>
<td>Fundraising Expenses</td>
<td>21%</td>
<td>$768,593</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td>100%</td>
<td><strong>$26,826,872</strong></td>
</tr>
</tbody>
</table>

**NET ASSETS**

$26,388,000