



### **YMCA Mission:**

The mission of the YMCA of Metropolitan Denver is to put Christian principles into practice through programs that build healthy spirit, mind and body for all.

### **YMCA Youth Sports Pledge:**

I pledge to play the game, the best I can, to be a team player, to respect my opponents, the rules and officials, and improve myself, in spirit, mind and body.

### **Seven Pillars of YMCA Youth Super Sports**

- **Pillar One—Everyone Plays.** We do not use tryouts to select the best players nor do we cut kids from YMCA Youth Super Sports. During the season everyone receives equal practice time and plays at least half of every game. As part of a team, everyone contributes to the team's success.
- **Pillar Two—Safety First.** Although children get hurt playing sports, we do all we can to prevent injuries. We've modified each sport to make them safer and more enjoyable to play.
- **Pillar Three—Fair Play.** Fair play is about playing by the rules and following the traditions of the game. It's about coaches' being role models of good sporting behavior and guiding their players to do the same.
- **Pillar Four—Positive Competition.** We believe competition is a positive process when the pursuit of victory is kept in the right perspective. The right perspective is when adults make decisions that first are in the best interest of the athletes participating and then decisions that help win the contest.
- **Pillar Five—Family Involvement.** YMCA Youth Super Sports encourages parents to be appropriately involved in their child's participation in our sports programs. In addition to parents' helping as volunteer instructors, coaches, officials and timekeepers, we encourage their presence at practices and games to support their youngster's participation.
- **Pillar Six—Sport for All.** YMCA Youth Super Sports is an "inclusive" sport program. That means that youngsters who differ in various characteristics are to be included rather than excluded from participation.
- **Pillar Seven—Sport for Fun.** Sports are naturally fun for most kids. They love the challenge of mastering the skills of a game, playing with their friends and competing with their peers. Remember, YMCA sports are for the kids; let them have fun!