

# Everybody belongs at the

Give us a try with this one week guest pass  
and Live the Y Life!



- ✓ Personal Training
- ✓ Yoga ✓ Pilates
- ✓ Strength Training
- ✓ Cardio Training
- ✓ FREE Personal Fitness Program
- ✓ Group Exercise

- ✓ Swimming Pools
- ✓ Preschool Enrichment
- ✓ Youth & Teen Programs
- ✓ Family Programs
- ✓ Older Adult Programs
- ✓ Indoor Cycling
- ✓ FREE Child Watch

## Guest Pass

Receive ONE FREE WEEK at  
any YMCA of Metropolitan Denver  
location. Valid photo ID is required.

NAME

ADDRESS

CITY / ZIP

PHONE

EMAIL ADDRESS

One time use only. Not valid with any other offers. Some restrictions may apply. Non members may be a guest no more than 3 times at any location and then will be required to pay a fee. WEB

Visit any of our Denver area YMCAs. We look forward to seeing you!

### ARVADA

6350 Eldridge Street  
Arvada, CO 80004  
303-422-4977

### DOWNTOWN

25 East 16th Avenue  
Denver, CO 80202  
303-861-8300

### LITTLETON

11 W. Dry Creek Ct.  
Littleton, CO 80120  
303-797-9622

### SOUTHWEST

5181 W. Kenyon Ave.  
Denver, CO 80236  
303-761-7530

### UNIVERSITY HILLS

3901 East Yale Ave.  
Denver, CO 80210  
720-524-2750